

The Reluctant Astrologer
Solar Return Sample

Solar Return for the year beginning August 31, 2003

Each year an astrology chart may be erected for the time when the Sun returns to the exact spot it was when you were born (on or about your birthday). The resulting chart is called the Solar Return and describes the emphasis for a one year period.

The Solar Return chart for the year beginning August 31, 2003 emphasizes communications, the immediate environment (i.e. neighbours), siblings, short trips and small business. There is a double emphasis so it is apparent that the events of this year will have a great deal to do with these subjects. There is an indication that there may be periods of confusion as old patterns are dissolved and reformed.

The Solar Return Sun represents the primary action for the year and its location in the Third House of the chart again emphasizes communications, immediate environment, siblings, short trips and small business.

The Solar Return Moon represents the emotional emphasis for the year and is in Virgo and is in the Second House. The Virgo placement indicates a desire for stability, order and having useful work to do (preferably that which involves service to others). Because the Moon is located in the Second house, there is an emphasis on what you own and what you value. This can involve anything from self esteem to a desire for increased prosperity.

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August 31 to September 20: First House

Now is the time to start new projects and get out into the world. Your energy is high. While the Sun is in the First House, you are concerned about new beginnings, about your physical appearance and the impression you make on others. This is the time when your attention is on what you need and what is important for you, and this year focuses on the communication and immediate environment matters mentioned above.

- * Sep 4 - 6: Sun opposite Saturn
reality check time, delays, frustrations, low ego and physical energy
 - * Sep 6 - 8: Sun Sextile Sun
dealing with major issues of this year's Solar Return. Positive aspect.
 - * Sep 11 - 13: Sun sextile Venus
gently positive days, good for relationships
 - * Sep 19 - 21: Sun sextile Jupiter
optimistic, expansive, positive
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September 21 to October 15: Second House

During this period of time, you are dealing with what you value and what you own. The Second House of the chart is sometimes called 'the Money House' so your attention will be drawn to financial resources but it also has to do with how you value yourself and what is truly important to you. This year, the ruler of the Second house is in the area of the chart that relates to communications so perhaps you will find opportunities to discuss these matters with others.

- * Sep 20 - 22: Sun conjunct Moon
ego and emotional energies combine. May result in positive expression or an emotional reaction to everything that occurs.
- * Sep 25 - 27: Sun sextile Pluto
power, focus, concentration, resourceful, intuition strong
- * Oct 11 - 13: Sun sextile Mars
physical and ego energies high

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October 16 to November 18: Third House

During this period you are dealing primarily with communications and with your immediate environment (e.g. neighbours). There may also be short trips and interaction with brothers and sisters. There may be some reevaluation of past relationship issues and you will spend time discussing these issues with others

- * Oct 17 - 19: Sun conjunct Mercury
need for communication, good time for mental activity.
 - * Nov 3 - 5: Sun conjunct Sun
period when the ego and ego expression are strong. Insights about what the total year's experience is about.
 - * Nov 8 - 10: Sun conjunct Venus
positive emotional expression, need to relate with one who shares important values and emotions
 - * Nov 10 - 12: Sun square Mars
ego energies high but blocked. Anger, impatience, restlessness.
 - * Nov 11 - 13: Sun Conjunct North Node
Insights into area of spiritual growth for this year. What are you trying to learn?
 - * Nov 17 - 19: Sun conjunct Jupiter
positive period of growth, expansion, learning, generosity, selfexpression
 - * Nov 17 - 19: Sun Sextile Neptune
Dreamy, exciting, creative, sensitive. New energy is coming in and this is a good time to meditate or relax and tune into it.
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November 19 to December 24: Fourth House

This is an introspective, private time of the year for you. Around the first day or two of this period, you may have some strong premonition of events that will transpire six months from now in your Harvest Period.

While the Sun is in the Fourth house, you are concerned mainly with emotional matters and may even be dealing with memories from early childhood. You are also putting energy into your home.

This year, there is intense activity in this part of the chart. You may make a major move or you may make some emotional break with the past.

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- * Nov 18 - 20: Sun sextile Moon
positive connection between ego and emotional expression.
 - * Nov 23 - 25: Sun conjunct Pluto
powerful 'don't mess with me' day. Ego and physical energies very high.
Strong need to be in control in some area.
 - * Dec 8 - 10: Sun Trine Mars
physical and ego energies high
 - * Dec 15 - 17: Sun sextile Mercury
positive time for communications and mental activity
 - * Dec 16 - 18: Sun square Moon
ego and emotions are in conflict
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December 25 to January 30: Fifth House

The Fifth House represents creativity and emotional expression so this time of the year is concerned with artistic expression, romance, children, crafts, sports, etc. It is generally a positive, lighthearted time of the year.

This year, the creative and emotional expression are tied to the part of the chart that represents your emotional roots. This may mean that you will find some way of creatively expressing some very strong feelings. You may also make new living arrangements for either creative or romantic reasons.

- * Jan 2 - 4: Sun Sextile Saturn
stability, focus, discipline, low key positive energy
- * Jan 4 - 6: Sun Sextile Sun
again dealing with major issues of this year's Solar Return. Positive aspect.
- * Jan 8 - 10: Sun sextile Venus
gently positive days, good for relationships
- * Jan 16 - 18: Sun conjunct Neptune
connection with spiritual and creative energies. Intuitive, meditative, sensitive.
- * Jan 16 - 18: Sun Square Mercury
communications confused, you aren't being heard or having trouble hearing others.
- * Jan 17 - 19: Sun sextile Jupiter
optimistic, expansive, positive
- * Jan 18 - 20: Sun trine Moon
positive combination of ego and emotional energies
- * Jan 19 - 21: Sun conjunct Uranus
connection with spiritual and creative energies. Good for making positive changes, able to detach from emotional energies

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- * Jan 23 - 25: Sun sextile Pluto
power, focus, concentration, resourceful, intuition strong
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January 31 to February 28: Sixth House

The Sixth house rules your health, your job and conditions of work, and your service to others.

This year, the Sixth house matters have to do creative and emotional areas and could also involve children in some way.

- * Feb 2 - 4: Sun Square Sun
ego energies blocked in some way. May be low physical energy or a period when your ego is tested.
 - * Feb 9 - 11: Sun opposite Mars
ego energies high but blocked, anger, impatience, restlessness.
 - * Feb 16 - 18: Sun square Jupiter
time of enthusiasm and growth but may be overly optimistic or not patient enough to deal with necessary details.
 - * Feb 16 - 18: Sun Trine Mercury
positive communications. Need to communicate.
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February 29 to March 18: Seventh House

This is the time of the year when your energy is with your important one to one relationships such as your marriage, important friendships, or openly adversarial situations.

This year, issues that may be involved are confusion in communications or a dissolving and reshaping of what you want from your important relationships.

- * Mar 2 - 4: Sun Conjunct Saturn
serious, focused, good for directed, applied effort but physical energy and enthusiasm may be low. One of those 'reality' times.
 - * Mar 4 - 6: Sun trine Sun
positive ego and ego expression time.
 - * Mar 17 - 19: Sun Sextile Neptune
Dreamy, exciting, creative, sensitive. New energy is coming in and this is a good time to meditate or relax and tune into it.
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- * Mar 17 - 19: Sun trine Jupiter
positive ego expression, growth, generosity, possible good fortune
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March 19 to April 14: Eighth House

This is a period when the emphasis in your life is on shared resources, deep intimacy and psychological insights, power and control issues.

Again, this year you are dealing with some confusion in communications and a dissolving and reforming in these Eighth house matters.

- * Mar 18 - 20: Sun opposite Moon
ego and emotional energies polarized, low physical and emotional energy, difficulty in relationships or confrontation with women.
 - * Mar 19 - 21: Sun Sextile Uranus
positive, positive time to make changes, need for freedom and original expression
 - * Mar 23 - 25: Sun trine Pluto
high ego and physical energy, power, resourcefulness, good for activities requiring intensity
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April 15 to May 20: Ninth House

Emphasis on expansion of some kind education or philosophical pursuits, long distance travel or dealing with other cultures or beliefs systems. You are preparing for the Harvest period of your year (Sun in Tenth house see below).

This year, your curiosity may lead you to some area that requires research or delving into mysteries of some sort. You may want what you are doing during this time to be private and you may feel that you want more time than usual by yourself.

- * Apr 17 - 19: Sun square Neptune
easily confused, ego energies low, keep a low profile and don't make long term commitments as you are easily misled
 - * Apr 17 - 19: Sun Opposite Mercury
communications in conflict. Possible confrontation of some sort.
 - * Apr 20 - 22: Sun square Uranus
rebellion, need for change and independence
 - * May 3 - 5: Sun Sextile Saturn
stability, focus, discipline, low key positive energy
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- * May 4 - 6: Sun Opposite Sun
face to face with 'self', often in the guise of a confrontation with another.
 - * May 9 - 11: Sun opposite Venus
strong desire for relationship connection, extravagant, selfindulgent
 - * May 19 - 21: Sun trine Neptune
sensitive, mystical, spiritual, creative, empathetic, ego and physical energies may be low
 - * May 19 - 21: Sun opposite Jupiter
expansive, generous, possibly a confrontation with partner
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May 21 to June 29: Tenth House

This is the Harvest period of your year. Projects started approximately nine months ago are coming to fruition. You are dealing with career issues and your place in the world.

This year you are dealing with what you love and what you value. The emphasis is also on communicating your views in some form.

- * May 21 - 23: Sun trine Uranus
positive, great time to make changes, need for freedom and original expression
 - * May 25 - 27: Sun opposite Pluto
confrontation, power struggle, good time for projects requiring strong, focused effort.
 - * Jun 12 - 14: Sun sextile Mars
physical and ego energies high
 - * Jul 20 - 22: Sun sextile Moon
positive connection between ego and emotional expression.
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June 30 to July 4: Eleventh House

This is the time when you evaluate the last 12 months and begin to plant the seeds for the next year. It is a time for day dreaming, meditating and doing things like affirmations. Start to see in your mind the goals you want to reach in the next year.

This year, the influences indicate that you may be starting to sense a whole new area opening up before you, something that you may not have ever considered before.

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- * Jul 4 - 6: Sun trine Saturn
A sober, disciplined, focused time. Feelings of duty and responsibility strong and positive.
 - * Jul 19 - 21: Sun opposite Neptune
confusion, deception, illusion, low ego and physical energies, extreme sensitivity to negative influences
 - * Jul 21 - 23: Sun opposite Uranus
need for freedom, breaking old habits or patterns, detachment, rebellion
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July 5 to August 30: Twelfth House

When the Sun was in the 11 house you started to make plans for the next year. Now the energy goes underground, into your subconscious. This is a period when you may feel like a hermit and may also feel frustrated that the world is not responding to you. It is not a time for active physical energy, it is a time for inward, intuitive energy a time of quiet attraction. Those ideas that you had in the last time period are like seeds that you have planted. Right now they are underground and you can't see what is happening. This is a good time for restful activities that let you tune into your instinctive and intuitive nature.

This year there is a strong need for emotional expression, possibly reevaluating issues that you thought you were finished.

- * Aug 13 - 15: Sun conjunct Mars
high energy days, ego energies high, latent anger may burst out
- * Aug 20 - 22: Sun sextile Mercury
positive time for communications and mental activity